

## Claims

1. An ostomy support set comprising a garment having a first hole for receiving a stoma, said hole having a stabilised edge, and a disc for providing the supporting effect of a material removed for forming the first hole, said disc having a second hole for receiving the stoma wherein the disc has an outer diameter greater than the diameter of the first hole.
2. An ostomy support garment set as claimed in claim 1 wherein the second hole is placed centrally in the disc.
3. An ostomy support garment set as claimed in claim 1 or 2 wherein the diameter of the first hole is greater than the diameter of the second hole.
4. An ostomy support garment set as claimed in any of claims 1-3 for use together with a two-piece appliance comprising a body side member and a receiving bag which may be attached via a coupling ring wherein the diameter of the second hole is greater than the diameter of the coupling ring of the ostomy body side member.
5. A method for applying an ostomy support garment and an ostomy appliance to a user having a stoma and a peristomal bulge or hernia using a two piece ostomy appliance comprising a body side member comprising a hole for receiving the stoma and a receiving bag and an ostomy support set comprising a garment having a first hole for receiving a stoma, said hole having a stabilised edge, and a disc for providing the supporting effect of the material removed for forming the first hole, said disc having a second hole for receiving the stoma, said disc having an outer diameter greater than the diameter of the first hole which method comprises locating the stoma and placing the body side member on the users abdomen with the stoma projecting through the hole thereof, applying the collecting bag, aligning the hole of the disc with the stoma, pulling the collecting bag through the hole of the disc, placing the disc on the abdomen of the patient

with the stoma projecting through the hole and placing and applying the ostomy support garment in such a manner that the stoma projecting through the hole of the disc also projects through the first hole of the ostomy support garment.